

A Training Is for You!

ANew Games Training is a personal experience.

You'll learn about yourself—your approach to physical activity, style of playfulness, feelings about competing and cooperating, leading and following.

It will be a weekend of learning and playing, giving and taking, talking and listening, trusting and being trusted, supporting and being supported. You'll have a chance to share and express yourself with some new friends, and you'll see what it's like to play "like a kid" again.

Whether or not you use New Games in your professional work, the New Games attitude towards play fits into EVERYONE'S life setting.

People who have been trained in New Games have applied both the games and the philosophy of New Games in many different work settings. Professionals in human services have found New Games to be an effective and flexible working tool.

How Can New Games Work for You with Special Populations?

For those who work with the physically or mentally disabled, New Games is an excellent therapeutic tool. Professionals in hospitals, treatment centers or residential facilities incorporate play and New Games under a variety of circumstances.

Creating access to play. Because the player is always the most important part of a game, we freely adapt any game to meet the needs of the players. In New Games we focus on potentials rather than limitations and thus provide challenging play experiences for the disabled. We encourage bringing together able and disabled players: we all have much to learn from each other as human beings, and play is a way to discover and share ourselves.

Providing opportunities for self expression. Playing New Games allows emotionally disturbed clients to find individual expression without the need to win in order to be recognized. We emphasize the experience of play and minimize win/lose outcomes; that way everyone has a positive experience.

Fostering peer interaction. For the mentally disabled, avoidance is often typical behavior. Many New Games provide face-to-face interactions on a psychologically safe level, allowing clients to have a shared experience with their peers through play.

How Can New Games Work for You in Education?

New Games is an educational program and has a natural application in the school system. Whether you are a teacher, administrator, classroom aid, or yard duty volunteer, New Games is a tool you will appreciate.

Programming for Physical Education classes to help meet Title IX requirements. Because of the flexibility in changing games to foster individual challenges, New Games is effective in minimizing sex and special skill considerations.

Providing activities for recess, playground or even rainy day times. Sometimes all that's needed is that spontaneous game to channel energy in a playful way.

Meeting special education needs. Because the player is always the most important part of a game, we freely adapt any game to meet the needs of the players. In New Games we focus on potentials rather than limitations and thus provide challenging play experiences for those with special education needs.

Improving intergroup relations. In dealing with sensitive issues of desegregation, negative student behavior, or cultural differences, New Games becomes a valuable human relations tool to confront basic feelings and attitudes in non-threatening ways.

Using games as learning tools. Many games are created with fantasy and offer experiential lessons about the environment, nature and science, geography and literature. Through creative play individual and group experimentation is encouraged.

How Can New Games Work for You in Recreation, Senior Citizen or Youth Programs?

New Games is perhaps best known as a recreation tool. We invite everyone to play to their fullest and provide opportunities to stretch individual limits while promoting group cohesiveness.

Municipal and Employee Recreation Developing alternative programs.

Because anyone can play New Games and because we minimize the need for special skills or equipment, New Games is a viable alternative to traditional sports programs. Creative expression and participation are encouraged as games are changed or invented by the players themselves.

Organizing community gatherings. A New Games event will bring together the diverse sectors of any group. Whether you want to gather the members of your church, neighborhood or extended community, you'll find New Games a comfortable way for them to interact freely and cooperatively.

Servicing employees through recreation has become a significant concern in the business world. New Games is a supplemental tool to ongoing fitness programs while fostering valuable group camaraderie. These feelings carry over into the work environment as well.

Seniors

Providing physical activity through play. New Games can provide safe moderate levels of physical activity. By modifying existing games or creating new ones, we develop appropriate games that encourage social interaction.

Youth Programs

Building and developing leadership. The New Games empowerment philosophy presents a model of shared leadership. Through the process of playing and creating games, shared decision-making is exemplified.

Developing group cohesion. New Games is used effectively at church conferences, college orientations, workshops and social gatherings to establish a sense of community. Beginning a work session with a few games not only builds group energy but sets a tone of cooperation among the participants.

